

Week 4, Term 1 | 28 February 2018

UPCOMING DATES

28 February

K - 2 Reading Night – 4:00-5:00pm

2 March

Assembly 9:15am, 1C, 4V & SRC

5 March

5.00pm Year 5 Brass Band
Parent Information Session

8 March

Questacon P – 6 Incursion

9 March

Swimming Carnival, Dickson Pool

DEPUTY PRINCIPAL'S MESSAGE

Thank you to everyone who attended the Welcome BBQ and teacher information sessions last week. It is always nice to come together after the long summer break and hear all the latest news and meet some new faces in our community. Thank you to the KidsMatter team for sponsorship and thank you also to the teachers for their organisation and support in running this annual event.

Last week many families attended the 'get to know you interviews' and shared their goals for their child with their class teacher. We have collectively been working on having a growth mindset and setting personal goals, your information is valuable to our success, thank you. It is not too late if you could not make an interview time last week; please contact the class teacher to make a time in the coming week.

Over the past two weeks we have thoroughly enjoyed hearing the Acknowledgment of Country from students at morning lines. These personalised passages demonstrate a strong cultural understanding and respect for the traditional custodians of the land we meet on, the Ngunnawal people. We are looking forward to continuing this initiative throughout the year.

This year there will be some changes to our playground behaviour management with the development of an inside 'reflection room' for students who require some counselling around choices, school values and respectful relationships. Fitting with our philosophy and school values we will be supporting students to reflect on their own behavior. A teacher will help guide the student through a written reflection and support them to develop a plan to move forward. So say goodbye to the 'red square' and hello to guided reflection.

Natalie Garrett – Deputy Principal



Congratulations to our 2018

TELEPHONE:	(02) 6205 5866	P&C Association	Board Representatives		
FACSIMILE:	(02) 6205 5862	Megan Hemming	President	Glen Howard	0448 628 192
www.giralangps.act.edu.au		Nardia Kerin	Vice President	Kathryn Couter	0414 410 672
info@giralangps.act.edu.au		Kirsti Kuzmanoski	Secretary	Nathan Kruger	0409 956 667
TWITTER:	@GiralangPrimary	Julian Carrick	Treasurer		
School Office Hours:	08:30-15:30				

SOCIAL MEDIA

Parents can sometimes feel the pressure of *pester power* to allow their children to engage with social media, even if they don't feel comfortable doing so. While these services are a fun way to stay connected with others, there can be downsides like cyberbullying, risks to privacy and contact from strangers. Apps like Instagram, Facebook and Snapchat require the user to be at least 13 years old, in other words, **not appropriate for primary school aged students**. Parents, please become familiar with the eSafety Commission and the <https://www.esafety.gov.au> website for essential information regarding social media regulations, complaints, reporting and parenting advice. It is an excellent resource that can help parents and carers to make informed decisions regarding the use of technology.

PARTNERSHIP WITH THE UNIVERSITY OF CANBERRA

This semester we will continue to build strong community connections with the University of Canberra, as we welcome a number of Pedagogy Content Knowledge (PCK) English preservice teachers to work with our senior students. Kathi Huho will be working closely with Dr. Tessa Daffern to maximise student learning outcomes.

BIKE SAFETY

As we approach Ride and Walk Safely to School Day on 23 March, it's a good time to make sure we are encouraging our children to be active, healthy and safe. Please make sure you and your child have a securely fitted helmet that meets Australian standards if you are riding or scooting to school. Also, please remember to always use the bike paths and underpasses provided.

It is also important that students and parents walk bikes and scooters when you arrive at the school grounds. We had a very close call last week where a preschool child and their parent were almost knocked over by students riding very fast near the Preschool.

SPIDERWEB PLAY EQUIPMENT

We have had confirmation from Imagination Play that the installation of our Spider Web play equipment will commence on Tuesday 13 March. This is a joint funded initiative between the Giralang Primary P&C and School Board.

LATE ARRIVALS AND EARLY DEPARTURES – A REMINDER FOR PARENT AND CARERS

If your child arrives at school after 9:10am, they are required to be signed in by an adult at the Front Office. A slip will be given to the student to hand to their classroom teacher.

Similarly, if your child leaves school early, a parent/carer must approach the Front Office to receive a slip to hand to the classroom teacher. The teacher will then release your child into your care.

If your child is absent for the whole school day, please notify the Front Office on 6205 5866. When your child returns to school, please provide a note in writing with the reason for their absence.

NEWS FROM THE SRC

Congratulations to the following students who were elected as their class SRC representatives.

Class	Students	
1C Mrs Coghill	Evie Vandervlist	Harry Williams
1N Ms Nicol	Zahra Bukhari	Mackie Tully
2W Miss Wells	Lily Reading	Jacob Bink
2G Mr Garratt	Lily Roberts-Petrow	Alex Miller
3H Miss Hancock	Megan Eldridge	Liam Strang
3K Mrs Knight	Betsy Slinger	Nabeel Bukhari
4V Miss Vials	Emily Hingston-Roberson	Moe Ghazag
4A Mr Alliston	Charlie Deren	Kane Ongania
5/6IS Mrs Ison	Marli McIntyre	Hannah Leitch
5/6IR Mrs Ireland	Tash Wojcik	Jim Hodgson
5/6SGL Miss Gladwin	Kacey Rousell-Butt	Harry Desmond
5/6/GR Mr Grandi	James Grudnoff	Yuki Rundell

The SRC will be hosting the next assembly in Week 4 on Friday 2 March at 9:15am. We hope to see you there.

Alana Coghill and Stephanie Vials - (SRC Co-ordinators)

LOST PROPERTY

There were a couple of bikes left at the school late last year - two purple ones and a black one. If you think you know who they may belong to, please see Wayne (BSO).

CANTEEN NEWS – VOLUNTEERS NEEDED!

If you have an hour or two to help out in the Canteen on Wednesday, Thursday or Friday please contact Kirsti (Canteen Co-ordinator) on 0411 358 468, or drop in at the Canteen on either of those days to have a chat.

Thank you for supporting the Canteen.

Clean Up Australia Day Event

Giralang Pond, Sunday 4 March 9:30am

Come and help the Giralang Pond Landcare Group clean up Giralang Pond and learn more about your local wetland!

Bring a hat, gloves, sunscreen, water, long pants and closed boots/gumboots. There will be a water dispenser and extra gloves available on the day. Bags will be provided.

The Waterwatch team will be there hosting an interactive wetland display for the kids with water bugs and other wetland critters.

When: 9:30-11:30am. Join us from midday for a complimentary sausage sizzle! BYO salads and drinks.

Meet: Giralang Pond Weir, off Smalley Circuit

More information: Contact denisekay49@gmail.com

To register, go to: www.cleanupaustraliaday.org.au/Giralang+Pond
or simply sign up on the day!

GUITAR LESSONS

I look forward to another fun-packed year of teaching guitar at Giralang Primary School, having taught for the last six years. I am classically trained and have studied guitar for 30 years, including under internationally recognised teachers. Students will start by learning to play simple melodies, understand rhythm, and read music. As they progress, they will be able to play more advanced solo and group pieces. A few of my students have progressed on to completing graded national exams, while others have just learnt for fun. Either way, they are well placed to join a music program when they move on to their next school.

Contact: Don Porter 0415 795 525

donaldjp2@icloud.com

Fee: \$300 per term for 10 lessons



Mainly music is a fun, interactive music session for young children. The children and their parents/caregivers join together for a fun, thirty-minute music session, and then afterwards enjoy refreshments in a relaxed setting. **Mainly music** is an activity you and your children (0-5 yrs) can participate in.



**mainly
music**

Our **mainly music** group meets on **Thursday** mornings from **10.00am to 11.00am** at St Simon's Anglican Church, Georgina Cres, Kaleen. The cost is \$5 per family per week. The sessions will commence on **15 February 2018**.

To reserve a place please go to the church website: www.stsimons.org.au, find the **Mainly Music** section, and fill in the on-line form or contact 6241 2034 for further information.

**KIDS MINDFULNESS
YOGA PROGRAM**



Wellness in Learning Within Yoga – The Mindfulness and Yoga Program Term 1

Mindfulness and yoga can support us each to live the good life, support us in understanding of ourselves, ourselves, others, ourselves, and our relationships with the world, and ourselves.

Program: Mindfulness Yoga program
Dates: Tuesdays starting March 6th to April 10th (5 weeks)
Age: 5-10 years
Time: 4:20pm - 5:20pm
Where: Lawrence School House based in the Burdett Ave Annex
Cost: \$20 (5 weeks)

Michelle Langford
Email: mich@curvesgungahlin.com
Mobile: 08427 188 666
Facebook: [Wellness Within Yoga](https://www.facebook.com/WellnessWithinYoga)

ABOUT THE PROGRAM

The Mindfulness component of the program is structured in a way that the children learn the basics of mindfulness meditations, EG: What is mindfulness, mindful bodies, mindful listening, mindful movement, breath meditations and much more.... This will support understanding for the children to learn invaluable skills to navigate intense emotions, how they are able to bring the practice of mindfulness to their daily experiences and practices that cultivate positive states of mind.

The yoga supports a gentle practice for the children and teaches yoga postures that help to relax mind / body, stretch and strengthen growing bodies and provides simple practices that teaches and supports emotional life skills for life.

I have extensive experience teaching children yoga/ mindfulness and look forward to sharing simple and effective practices in a relaxed and fun way.

An information pack will be emailed once you message your interest and email address.

To provide a quality program for the students, class numbers are limited. It is essential that I have enrolments and payments completed by Friday 2nd March.



Curves® is celebrating women, and we have a fabulous offer for you!

30 DAYS FOR \$30

- New members only
- 30 days only for \$30
- Offer valid until 31/03/2018
- Fitness membership only
- No joining fee
- No hidden extras



Curves

Curves Gungahlin
Hudson Square
70 Nullarbor Avenue
Harrison ACT 2914
info@curvesgungahlin.com.au

6255 5916



REGISTER NOW!



AUSKICK IN BELCONNEN

Girls aged 5-10

Kippax Oval

Tuesdays 4-5PM 6/3/18 - 8/5/18

bonnie.lawrence@afl.com.au

Get down and enjoy some local footy!

AFLAUSKICK.COM.AU

